

WHAT IS CLAIMED AS NEW AND DESIRED TO BE SECURED BY LETTERS  
PATENT OF THE UNITED STATES IS:

1. A neckrest for a chair having a backrest, the neckrest configured to be attached to a  
backrest shield of the backrest of the chair in a height-adjustable manner, the neckrest  
5 comprising:

a retaining rod being circular in cross-section and configured to be connected to the  
backrest shield via a movable connection so as to be tiltable by up to approximately 30° in a  
vertical plane vertically with respect to a backrest surface of the backrest;

a guide sleeve being circular in cross-section and being mounted on the retaining rod  
so as to be slidingly shiftable by up to approximately 200 mm on the retaining rod.

2. The neckrest of claim 1, wherein the retaining rod includes a molding provided on  
a side of the retaining rod which is closest the backrest, the molding being seated in a housing  
having a recess, and the molding having a round surface which slides under pressure on a  
friction dampening device so as to achieve said articulated connection.

3. The neckrest of claim 2, wherein the friction dampening device is made of a  
polyurethane rubber or PUR material.

4. The neckrest of claim 1, wherein the guide sleeve includes roller bearing elements  
and a stop pin, the roller bearing elements aiding a sliding movement of the guide sleeve on  
the retaining rod, and the stop pin limiting a travel path of the guide sleeve on the retaining  
rod due to a stop on a stop lug of the retaining rod.

5. The neckrest of claim 1, further comprising a joint configured to connect the guide  
sleeve to a headrest, the joint including a rolling element and a fastening device.